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NEWS RELEASE

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VCS to Host Forum on VCAAA Programs and Resources

Ventura, Calif. – The Ventura Council for Seniors (VCS) will host an educational forum focusing on the programs and resources offered to the public through the Ventura County Area Agency on Aging (VCAAA). The forum is slated for April 21, at 10:30 a.m.

Designed to provide members of the community with information and resources related to the VCAAA, the forum, under the umbrella slogan of "Not Just About Aging, But Aging Well," will include a variety of short presentations focusing on the the Health Insurance Counseling and Advocacy Program (HICAP); the Award-Winning Fall Prevention Program; Case Management; the Award- Winning HomeShare Program; Senior Nutrition Program; ElderHelp; Information & Assistance; and the Agency's Advisory Council and volunteer opportunities.

The VCAAA has services available to the more than 174,000 residents of the Ventura County who are 60 and older, as well as services for caregivers, adults with disabilities, and more. These services, sometimes unknown to the community, are crucial to improving the quality of life of the residents of Ventura County.

This educational forum will be held at the Ventura Adult and Continuing Education center (VACE), located at 5200 Valentine Road in Ventura. The event is open to the public, but an RSVP is requested. Please contact (805) 648-3035 to reserve your spot.

The Ventura Council for Seniors (VCS) is designed to provide a forum to discuss issues and initiatives and to develop recommendations for City Council consideration. The VCS is designated by the Ventura City Council as the representative organization of all seniors in the City of Ventura. The group meets at the Ventura Avenue Adult Center (VAAC) on the third Wednesday of every month from 9:30-11am.

The Ventura County Area Agency on Aging, an agency of the County of Ventura, is the principal agency in Ventura County charged with the responsibility to promote the development and implementation of a comprehensive coordinated system of care that enables older individuals and their caregivers to live in a community-based setting and to advocate for the needs of those 60 years of age and older in the county, providing leadership and promoting citizen involvement in the planning process as well as in the delivery of services.

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